

JULY 2021

Family Newsletter

July Book List

*Simplify, slow down, be kind.
And don't forget to have art in your life
– music, paintings, theater, dance and
sunsets...*

– Eric Carle (1929-2021)

I Spy 4th of July

by Happy Bunny Press

Red White and Boom

by Less Wardlaw

America is...

by Louise Borden

The Bald Eagle

by Norman Pearl

Our American Flag

by Mary Firestone

Wow! America

by Robert Neubecker

A is for America

by Greg Paprocki

This Little President

by Joan Holub

Grace for President

by Kelly DiPucchio

JULY UPDATE

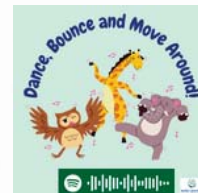
HAPPY JULY! Many of us are planning our first vacations in more than a year. We thought it would be fun to share some kid-friendly resources for the car, plane or backyard staycation.

PODCASTS:

- **Brains On** (www.brainson.org) has fun episodes with topics like "Do dogs know they're dogs?"
- **Go Kid Go** (www.gokidgo.com/shows) has several podcast "shows" that take the listener through exciting adventures.

MUSIC:

- Enjoy ELA's very own Spotify stations
(scan the QR codes below to add to your library)



BOOKS:

- **Julie's Library** (www.julieslibraryshow.org) is hosted and narrated by Julie Andrews and her daughter. Their episodes include fun activities to engage your child after listening to the book.

While we may be enjoying some new freedoms this summer as compared to last, we also have an eye to the fall. We understand that some parents may be still in a hybrid work mode and we want you to know that we are here for you! We can accommodate hybrid work schedules in the center for your school age children. Check with the Center Director for more information.

Fun Fact

Did you know that the vote for independence took place on July 2, 1776 not July 4th?



Early Learning
Academies

BRINGING IT HOME



RESOURCES AND ACTIVITIES FOR ALL AGES

INFANTS



FROZEN WATERMELON

Cut a piece of watermelon that your older infant will be able to hold. Freeze the watermelon. Let your child explore and play with the watermelon in their highchair. They can taste it, squeeze it, slide it on their tray once it starts to melt.

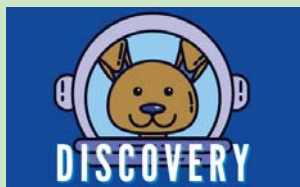
TODDLERS



WATERMELON MOON SAND

Have your child help mix together 4 cups of sand, 2 cups of corn starch, 1 cup of water and a packet of watermelon flavored Kool-aid. Mix together to create your moon sand. Add containers, spoons, funnels, etc. to let your child explore and build with the moon sand.

Curriculum Corner



Discovery Classroom

In the Discovery classroom, our infants are exploring their world in a nurturing and caring environment. Teachers work with each family to help children meet developmental milestones and individual goals by providing activities to help them grow and develop. Each baby has their own individual schedule but also participates in group activities like going outside, story time, discovering the toys in the room, and more.

PRESCHOOL AND PRE-K SCHOOL AGE



HOMEMADE ICE CREAM

Looking for a way to cool off this summer? Celebrate National Ice Cream Day on July 18th with this kid-friendly ice cream recipe that the whole family could enjoy!

INGREDIENTS:

1 cup half & half	¼ cup salt
1 ½ tsp vanilla extract	Ziploc bags
1 tbsp sugar	- (1 small & 1 large)
Ice	Gloves

INSTRUCTIONS:

1. Pour half & half into a small Ziploc bag.
2. Add vanilla extract and sugar to half & half in the small Ziploc bag.
3. Seal the bag firmly and get any excess air out.
4. In the larger Ziploc bag, fill it about halfway with ice and add salt.
5. Put small bag into large bag and fill with extra ice on top. Seal the large bag.
6. Put on gloves for shaking and shake for 6 minutes.
**Gloves are needed since the salt makes the ice extra cold.*
7. Take the small bag out of the large bag and rinse the outside of the small bag with cold water, including the seal.
8. Once done rinsing, carefully open the small bag to not get any remaining salt from the outside of the bag inside the bag.
9. The ice cream will be a bit icy looking to start. Use a spoon to mix it around to help soften it up a bit. Add your favorite toppings and enjoy!