

DECEMBER 2020

# Family Newsletter



## December Book List

**Goodbye Autumn, Hello Winter**  
by Kenard Park

**Cold Snap**  
by Ellen Spinelli

**The First Day of Winter**  
by Denise Fleming

**The Snowy Day**  
by Ezra Jack Keats

**Immi's Gift**  
by Karin Littlewood

**Tracks in the Snow**  
by Wong Herbert Yee

**Snow**  
by Uri Shulevitz

**Curious About Snow**  
by Gina Shaw

## CLOSING OUT 2020

December marks the last month of 2020 and for most we are ready to welcome 2021. Despite our obstacles however, 2020 has still been a year of **GROWTH AND LEARNING** for our young community. First birthdays were celebrated, first steps were taken, first words were read and we have been so **honored** to have shared these moments with you!

Though the days are growing shorter and the weather is cooling, the center is still full of warmth and laughter. This month the children will be participating in winter-themed art projects, learning fun songs and making fresh memories.

We hope you close 2020 recalling the happy moments of the year. Watch for 2021 updates coming soon including the Family Handbook.

As with every month, **WE REMAIN THANKFUL FOR THE CHILDREN IN OUR CARE** and families that make up our community. Cheers to a happy December!

## Fun Fact

"December" comes from the Latin *decem* meaning ten but December is the twelfth month.



**Early Learning**  
Academies

## LET'S SING!

TO THE TUNE OF  
"I'M A LITTLE TEAPOT", SING

**"I'm a little Snowman,  
short and round.  
Made from little snowflakes  
that fell to the ground.  
I have two eyes and a carrot  
for my nose.  
Oh I am the happiest  
little snowman I know."**

For more verses or  
to watch on YouTube go to  
<https://bit.ly/snowmansong>

## Curriculum Corner

During the holiday season, we always want to spend more quality time with our families. This holiday season more than ever, we will be spending more time indoors and with our families. Here are a few fun ideas that you can do with your family:

**BAKE COOKIES** – Yes, this will be a messy one but the smiles on their faces will be worth it! **Let children measure and mix the ingredients** and be an active part of making the cookies.

**COMPLETE A PUZZLE** – Break out an old puzzle that has been hiding in a closet to work on as a family. Make space on a table and leave it out so everyone can come and go to work on the puzzle.

**FAMILY GAME NIGHT** – Learn how to play a new card game with the family or stick to a favorite. Teach your child how to play a new board game. Even if they are younger, have them pair up with an adult to play!

This holiday season many will be having virtual parties with friends and family near and far. Here are a few fun virtual-friendly games to play together (while apart). Enjoy!



**SCATTERGORIES**  
**BINGO**  
**PICTIONARY**  
**CHARADES**

For more ideas and instructions go to  
<https://bit.ly/distancegames>

### DID YOU KNOW?

#### DEVELOPMENTAL MILESTONES

#### **ROLLS FROM STOMACH TO BACK AND BACK TO STOMACH**

Children typically learn to roll from their stomach to their back first (around 4 months) and then from their back to their stomach (around 6 months). Introducing tummy time early and often helps children begin to build muscle strength which will help with rolling. Allow your child time outside of baby equipment like swings and bouncer chairs to explore their world through. They will begin to learn the things through their experiences.

